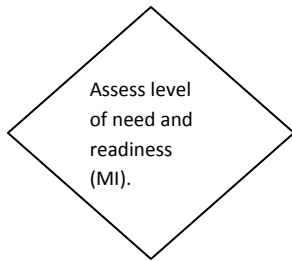## CONDUCT DISORDER, OPPOSITIONAL DEFIANT, & ADHD/ADD DIAGNOSES

This resource may be used in two ways: (1) in sequence with the Anger/Aggression/Violence resource, and (2) as a stand-alone resource. The chart below is based only on option #2 (above)

Clinical staff may make best use of this resource by previewing TP7 "Conduct Issues."

Core A: 130-session core resource provided to all residents. **The full resource is especially recommended** for residents with the above issues..

Core B: this MAV 50-session (card skill set) resource is provided all residents. **It is especially recommended for youth with the above issues.** While programming for special needs or mental health overlays may be scheduled at this time, residents with significant behavioral issues with aggression and violence, or anger, should participate as fully as possible in this program element! The Core B resource is a 50-session loop.

Assess level of need and readiness (MI).

If needs more intensive MI preparation use Core C1.

Core C2 (CBT resource) -   suggested for these issues.

Client motivation may be an issue. If so, we recommend the sequential use of:

MI stage-based resource #1, 2 3, 4

or

MAV-MI 1,2,3,4 (the anger, aggression, and violence versions).

Core C3 (comprehensive CBT coping skills - and self--management - resource). Strongly suggested.

The TP 7 "Conduct Issues" resource includes a range of specific MH resources for counselor and client. It addresses DSM-IV diagnoses for Conduct Disorder, Oppositional Defiant Disorder, ANHD, and ADD.

It provides an orientation to treatment of this issue, a comprehensive set of treatment planning and implementation suggestions, suggestions for effective use of Motivational Interviewing (MI), and multiple handouts and worksheets for client and counselor addressing symptoms, triggers, incident worksheets, and coping skills tools. *Highly recommended.*

Supplemental and optional resources which may be appropriate:

F2 Anger

RH9 Difficulty with authority figures

CS2 Coping skills, Set #1

TT   Handling the tough times

TP2 Anger (also see Anger-Aggression-Violence resources and flow chart)

Competency checklists may be used to document outcomes from all workbook listed.

The TP 16 "Aggression and violence" resource includes a range of additional suggestions and resources for counselor and client.

COLOR KEY

SOCIAL WORKERS
YOUTH SPECIALISTS
SPECIALISTS - AS ASSIGNED
MENTAL HEALTH PROFESSIONALS
RECEPTION STAFF