

RE-ENTRY PROGRAMMING

Returning Home Unit RA	This unit provides a change-focused approach to recidivism and relapse prevention. It targets the most common external risk factors (identifying, avoiding, or dealing more effectively with their specific high risk people, places, things, and situations), and the development of internal and external protective factors (safety nets). <i>Key pre-release preparation.</i>
Returning Home Unit RD	Addresses the issues involved in the first critical days of transition, including common problems and stresses, and planning for safe activities. The final elements in this unit address the critical factors in transition, including common thoughts and feelings. Summary elements assess importance and confidence in addressing highest risk factors. <i>This is the most critical summary unit.</i>
Issues in Transition: Responsibilities and Avoiding Problems Unit RE	This unit addresses transition and post-release issues in two specific ways. The first element addresses critical areas of responsibility (meeting the conditions of parole, continuing education, seeking and maintaining employment, family responsibilities, and avoiding problems with authority). This unit also provides focus on critical areas of decision making and includes a comprehensive MI-based self-evaluation of importance, confidence, and readiness to continue to make positive changes. <i>Pre-release preparation: anticipating and avoiding problems.</i>
Returning Home Unit RF	This unit provides a change-focused approach to recidivism and relapse prevention. It targets high risk situations, warning signs, high risk feelings leading to poor choices or relapse, and coping skills suggestions for avoiding a person's high risks. Focuses on the thoughts, feelings, and temptations which may occur prior to and during - the transition. Addresses both risk and protective factors. <i>Pre-release preparation.</i>